



## **Renewal in the Austrian Alps: Auriga at Schloss Velden Debuts Purifying Packages Designed to Calm the Spirit while Cleansing the Body**

VELDEN, AUSTRIA (October 24, 2008) – Auriga at Schloss Velden, a Capella Hotel, has introduced a pair of purifying packages that take a highly individualized approach to renewal and rebalance. Buoyed by a picturesque 360-degree view of Lake Woerth and Austrian Alps, Auriga offers a getaway designed to cleanse and refresh even the most weary individual.

Auriga's purification retreat is geared to rebalancing body, mind and spirit in two package options. Each includes one-on-one personal support from experts in kinesiology, fitness training and nutrition.

The experience begins with a test of the spa-goer's muscle groups, employing tension-based movements known as kinesiology. The muscles' response provides feedback on the body's functions and can indicate stresses and imbalance in specific areas. Following this assessment, an Auriga nutritionist provides counseling, addressing the guest's specific needs, including suggestions to be taken for use at home.

A session with a personal trainer follows, and includes an assessment of biometric facts, adipose measurements, blood pressure, and muscle, the results of which are used to direct the body toward healing.

The package includes eight special meals and five detoxifying treatments, which include body wraps, cleansing facials and massages. Guests take part in aqua fitness, personal training sessions and Nordic walks. Between activities participants may also enjoy all of the amenities of the 30,000-square-foot Auriga spa, including a vitality pool, steam bath, golf simulator, fitness center and snow room.

The ***Auriga Detoxification = Revitalization*** package is a three day/two night program which features a stay in an elegant Capella double room in addition to all of the features mentioned above. The *Detoxification = Revitalization* package costs approximately €1,280.00\* per person in a double occupancy room. An individual can participate at a cost of €1,580.00\* for single occupancy in a double room.

A second version of the program, the ***Auriga Detoxification*** package includes special meals and eight purifying treatments along with all of the components of the *Detoxification = Revitalization* package. In addition, this package offers an extensive medical check complete with blood work for review of the internal status of the body. This five day/four night program includes a stay in an elegant Capella double room and is priced at €2,520.00\* per person in a double occupancy room. A guest can participate individually for the price of €3,2020.00\* for a single occupancy in a double room.

“These new additions at Auriga offer an opportunity to cleanse the body and work toward returning the guest back to a balanced state,” said Heidi Unger, director of spa at Auriga at Schloss Velden. “It is designed to encourage the individual to move forward with the knowledge needed to continue to reap the benefits at home.”

Either package is available anytime of the year. To book this package at Auriga at Schloss Velden, or for more information, call 877-247-6699 or visit [www.auriga-spa.com](http://www.auriga-spa.com).

## **ABOUT AURIGA**

**Auriga™** is a distinctive and compelling new signature spa brand that takes a holistic approach to wellness based on the unique phases of the moon. Developed in conjunction with Swedish-based spa company Raison d’Etre and Arizona-based spa consultant Sylvia Sepielli, Auriga’s design concept and signature treatments utilize the varying energies of the lunar cycle to relax, restore and realign the mind, body and spirit. Each Auriga spa also draws on the individual strengths of its local environment, while providing personalized service and pampering through natural and organic products, specialized programs and unique treatments.

Named for the constellation, Auriga opened in May 2007 at Schloss Velden, a Capella Hotel, in Velden Austria. Auriga at Schloss Velden has already garnered impressive accolades and was named “Best in Austria” by Gault Millau within six months of opening, made the 2008 U.S. *Condé Nast Traveler* Hot List, and the 2008 SpaFinder Readers’ Choice as the “Best Spa in Austria.”

New Auriga openings are scheduled for March 2009 at Capella Pedregal (Cabo San Lucas, Mexico), Capella Bahia Maroma (Riviera Maya, Mexico) and Capella Singapore (Sentosa Island, Singapore). Auriga will open in Capella Niseko (Niseko, Japan) in Winter 2010. For more information, visit [www.auriga-spa.com](http://www.auriga-spa.com).

## **ABOUT SCHLOSS VELDEN, A CAPELLA HOTEL**

Schloss Velden is located in the breathtaking Austrian lakeside village of Velden. Guests are treated to amenities including its Michelin rated restaurant, wine bar, cigar room, ballroom, indoor and outdoor pools and the 30,000 square-foot signature Auriga spa. Schloss Velden’s stylish Beach Club and private Marina afford guests the opportunity to relax lakeside or enjoy recreation on the transparent waters of Lake Woerth. For more information, call (877) 247-6688 or visit [www.schlossveldencapella.com](http://www.schlossveldencapella.com).

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\*Some restrictions may apply. Pricing based on double occupancy and the currency rate of release date, prices subject to change based on daily exchange rate.